

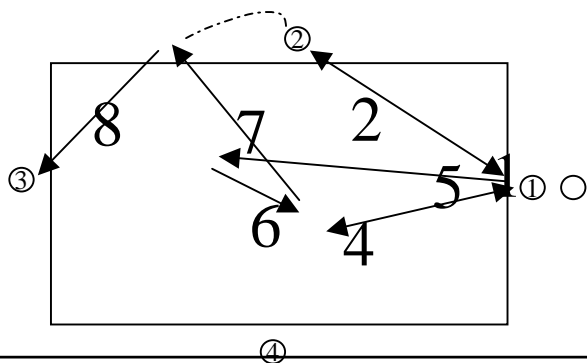
- 4 v 4 PLAYERS MUST BE OUTSIDE OF THE DEFENSIVE TRIANGLE TO SCORE.
- ONLY ONE DEFENDER IS ALLOWED INTO THE TRIANGLE TO ACT AS A GOAL KEEPER.
- BALL IS PASSED IN FROM THE SIDE

GROUP QUESTIONS:

WHY DO WE SHOOT? WHEN DO WE SHOOT?
WHY DO WE PASS?

WHEN AND DO WHERE DO WE PASS?

- INTO SPACE BEHIND THE DEFENSE
- INTO THE FEET OF THE MOST ADVANCED ATTACKER
- PASS BEYOND AT LEAST ONE DEFENDER
- SWITCH THE POINT OF ATTACK
- PLAY BACKWARDS TO A SUPPORTING PLAYER



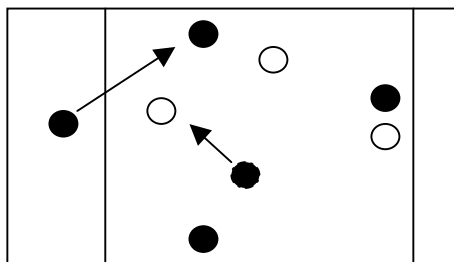
- PLAY THE BALL IN THE SEQUENCE AS ILLUSTRATED
- VARY THE PATTERNS TO ENCOURAGE FORWARD PASSES AND QUICK PENETRATING MOVEMENTS

• RECEIVING TECHNIQUE

• MENTAL CONCENTRATION

• WEIGHT OF THE PASS

• ANGLE OF SUPPORT



- 5 v 3
- TEAMS SCORE BY PLAYING INTO OPPONENTS END ZONE
- BLACK TEAM MUST ALWAYS HAVE A MAN IN THEIR OWN END ZONE AT ALL TIMES
- BLACK TEAM HAVE ONLY TWO TOUCHES
- WHITE TEAM HAVE UNLIMITED TOUCHES
- OFFSIDE LAW APPLIES IN END ZONES

GROUP QUESTIONS:

IF YOU DON'T HAVE THE BALL: 'MOVE TO GET IT'

- HOW CAN THE TEAM HELP THE MAN WITH THE BALL?
- WHERE SHOULD THE PLAYER MOVE TO?
- WHEN ARE YOU LIKELY TO GET THE BALL?
- HOW WILL THE PLAYER WITH THE BALL KNOW YOU ARE IN A SHOOTING POSITION?